

# MAY IS MENTAL HEALTH MONTH

*crochet* for charity to relax & inspire

*Crocheting* supports mental well-being  
can help to reduce depression & anxiety.

Augusta invites all *crocheters* to join  
her mission to make baby items & donate to  
babies in need ~

blankets, booties, hats and more...

For meeting place/days, please call/text 908-938-0392

[augusta@johnsantoscharitableorganization.org](mailto:augusta@johnsantoscharitableorganization.org)

*We are accepting donations of yarn and crochet hooks*

*All ages and **crochet** levels welcome!!*

Educating for a healthy tomorrow, one person, one family, one community at a time!

P.O. Box #234 Raritan, NJ 08869 | 908-938-0392